



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church

Prayer for Inner Growth

Eternal Father,
here I am before You,
willing to receive the seeds
of blessing and wisdom.

Let this moment be a time
of inner growth.
May I learn and understand
the deeper mysteries
of faith and may it
strengthen my belief
in the Lord.

Draw me closer to Your Word
and loving grace.
Let me give up all weariness
and shame into the
wounds of Christ.

I open myself to You, O Lord.
In my weakness,
You make me strong.
In trusting You, You enter my heart.
I know I'm never alone.

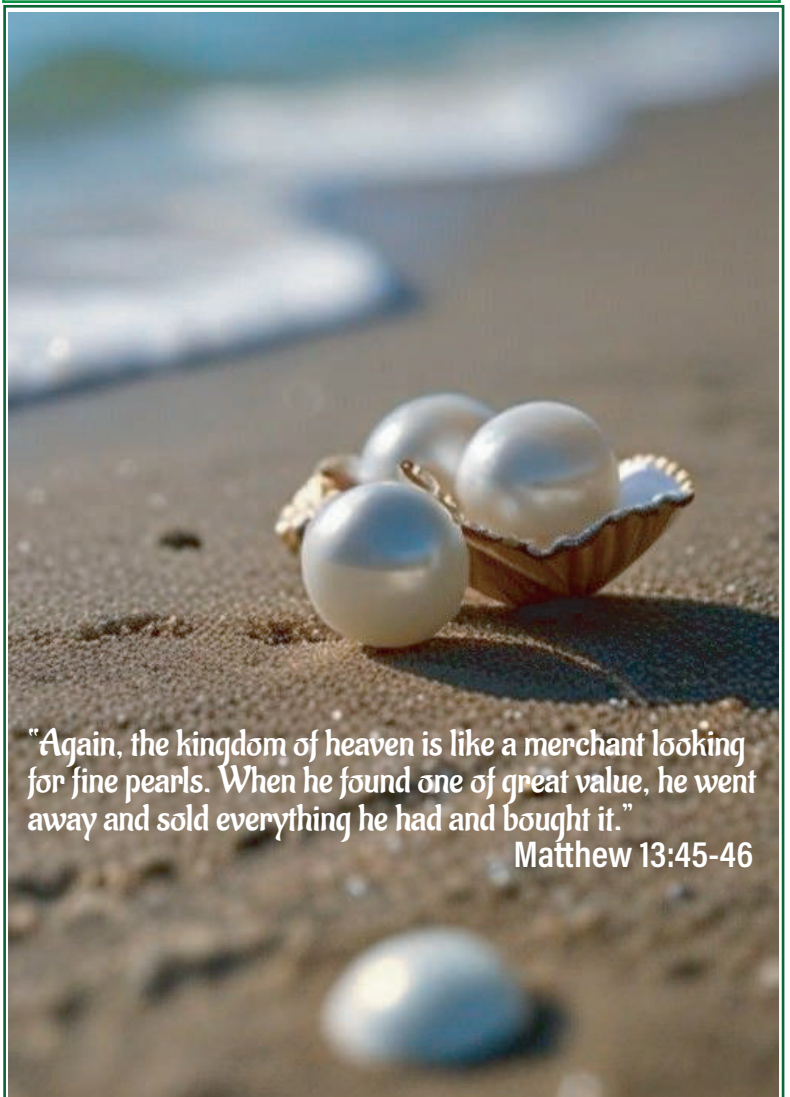
In the name of Jesus, I pray.
Amen.

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Pittwater
Catholic Parish



Thoughts of Blessed Francis Jordan

Oh Lord, Almighty One, strengthen me when the cold North winds again blow through my heart. For you know when You withdraw your help from me then I sink powerless to the ground.



"Again, the kingdom of heaven is like a merchant looking for fine pearls. When he found one of great value, he went away and sold everything he had and bought it."

Matthew 13:45-46



POPE LEO'S PRAYER INTENTION FOR *July*

For Respect for Human Life

Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God.

MASS TIMES ✝

SACRED HEART CHURCH
1 Keenan Street, Mona Vale

★ WEEKDAY MASSES ★

TUESDAY - 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8.30 am followed by Mass

WEDNESDAY - 9.30 am

THURSDAY - 7.00 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30 pm to 9.00 pm

FRIDAY - 9.30 AM
FIRST FRIDAY of the Month,
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am

★ WEEKEND MASSES ★

SATURDAY VIGIL - 5.00 pm
SUNDAY
8.00 am, 10.00 am & 6.00 pm (Soul Mass)

★ RECONCILIATION ★

SATURDAY VIGIL
4.00 pm to 4.30 pm

★ BAPTISM ★

4TH SUNDAY of the Month
at 11.30 am

MARIA REGINA CHURCH
7 Central Road, Avalon

★ WEEKDAY MASSES ★

MONDAY - 8.00am

WEDNESDAY - 8.00 am

THURSDAY - 10.00 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction at 9.00 am

FRIDAY - 8.00 am
FIRST FRIDAY of the Month,
Healing Mass/ Anointing of the Sick at 8.00 am

★ RECONCILIATION ★

Before Vigil Mass on Saturday

★ WEEKEND MASSES ★

SATURDAY VIGIL - 6.00 pm
SUNDAY - 9.00 am

★ **BAPTISM** ★
3RD SUNDAY of the Month
at 11.00 am

WE PRAY ✝ for

RECENTLY DECEASED

CYRIL D'SILVA

DECEASED ANNIVERSARY

CARMELA IEMMA

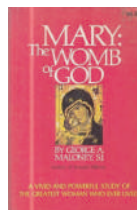
Prayer for the SICK

Lord, look with mercy on your servants who are sick. Bring them comfort, healing and strength.

ANNA ŚMIGOWSKA
TRISH NEWMAN
LILY JANOSIK
SUE FRENCH
MAUREEN LARIOS
ELAINE BOYES
PAULINE CHAPMAN
RON CLARKE
BARBARA CLARKE
ANNA KATANEC
OTMA NOUAK
ANGELA MILLER
PHILIP KHALIFEH
JOSEPH KHALIFEH
GEORGE AZOURY
BRUCE FARR
JAMES
JACINTA PURNELL-MAJOR
NENITA ROQUE
MARIE CELINE- MACA
NEDA CRVELIN
JESSE CATHERSIDES
MARY REILLY
NOEL REILLY
THERESA KEANE
MARTA BIZUBOVA
LIAM GAVIN
RICHARD LIM
JAMIE CONNOLLY
AMADEA LUONG

BOOK REVIEW

Mary: The Womb of God
by: George A Maloney, SJ



This is a vivid and powerful study of the greatest woman who ever lived. Mary intercedes for the sinful and ignorant who live in darkness and absence of her Son, as only a mother can.

Happy 69th Wedding Anniversary RON & BARBARA CLARKE

May the Lord continue to bless your marriage with His abundant love and grace.

LITURGY FOR THE WEEK

27/07 Monday, Ordinary Time 17
Jer 13:1-11; Mt 13:31-35

28/07 Tuesday, Ordinary Time 17
Jer 14:17-22; Mt 13:36-43

29/07 Wednesday, Sts Martha, Mary and Lazarus
1 Jn 4:7-16; Jn 11:19-27

30/07 Thursday, Ordinary Time 17
Jer 18:1-6; Mt 13:47-53

31/07 Friday, St Ignatius of Loyola
Jer 26:1-9; Mt 13:54-58

01/08 Saturday, St Alphonsus Liguori
Jer 26:11-16, 24; Mt 14:1-12



THE CATHOLIC PARISH OF PITTPATER giving

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

TO Make DONATIONS

SCAN the QR CODE below with your mobile phone camera and follow the prompts

Donations can be made weekly, fortnightly, monthly or one-off.



Areas of GIVING

First Collection

(Clergy Giving)

Second Collection

(Parish Giving)

Pastoral Works Broken Bay

All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?

If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit

You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.

Safeguarding

Catholic Parish of Pittwater

The Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering safe, caring communities for all, especially children and vulnerable people, guided by our faith in Jesus Christ.

Everyone is encouraged to provide feedback on the Diocese of Broken Bay webpage.



Diocese of Broken Bay Safeguarding
www.bbcatholic.org.au/safeguarding

Safeguarding is everyone's responsibility.

OUR PARISH SCHOOLS



Parish Bulletin- Term 3, Week 1

Monday was a student-free day, providing our dedicated staff with the opportunity to participate in professional learning and training.

This week, our Careers Expo was a significant event for students across Years 10, 11 and 12. Year 10 students explored a wide range of educational and career pathways to assist with subject selection and future planning, while Year 11 and 12 students had the opportunity to connect directly with universities, training providers and employers. The expo highlighted the strong connection between education and industry, helping students make informed decisions about their post-school pathways.

The Careers Expo was complemented by our Year 11 2027 Information Evening, which provided Year 10 students and their families with detailed information about the opportunities and expectations of the senior years.

Our Under 13s represented the College at the Broken Bay Soccer Gala Day in Cromer this week. It was wonderful to see many senior students supporting the day through refereeing and coaching, demonstrating leadership and service within our wider College community.

Every Friday, our prefects lead Faith Fridays - a special time of reflection, music and community in the Chapel and Courtyard. All students are warmly invited to join in this opportunity for prayer and connection.

Enrolment applications are now open for students commencing in Year 7, 2030. Families should note that Year 7, 2027 and 2028 intake years are currently at capacity and operating with waitlists. Limited places may become available for Year 7, 2029 should vacancies arise during future offer rounds. For more information, please visit:
matermaria.nsw.edu.au/enrolments

We thank our parish community for your continued prayers and support.

PARISH MORNING TEA GATHERING

Everyone is welcome to join.

Every month after the
8 am Mass on the 1st Sunday
and after the 10 am Mass on
the 3rd Sunday at
**SACRED HEART CHURCH,
MONA VALE**

Last Sunday after the
9 am Mass
at the front of
**MARIA REGINA CHURCH,
AVALON**

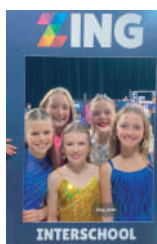


Maria Regina Catholic Primary School Week 1, Term 3



Maria Regina Stage 3 students had a wonderful and engaging visit with UNICEF, taking part in a powerful session focused on action on climate change.

Our students explored real-world challenges, shared ideas, and discovered how even small actions can make a big difference for our planet



Maria Regina had the most amazing time performing and participating in the Zing Active Interschool Challenge. Our students were shining stars throughout the night, demonstrating incredible talent, enthusiasm, confidence and teamwork. We are so proud of the way they represented our school, embracing every opportunity and giving their all on stage. It was a wonderful celebration of creativity, determination and school spirit.



Sacred Heart Catholic Primary School Week 1, Term 3

Welcome back to our school community for Term 3 2026. We have an exciting term ahead with many events to look forward to, including Grandparents' Day, Book Week, Father's Day, School Musical and Holy Communion.



On Wednesday 22 July we had 4 students represent Polding at the NSW PSSA Cross Country Championships. We look forward on sharing results next week. Our school community is busy preparing for this year's school musical 'Charlie and the Chocolate Factory Jr'. Ms Rudd, our Drama teacher, along with staff, students and parent helpers are very busy working on rehearsals, music, costumes and sets and props. We look forward to sharing more information about the September 16/17 shows in coming weeks.



PARISH DIRECTORY

PITTWATER PARISH



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9157 0999



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Fr Zygmunt Smigowski SDS

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DIRECTOR OF MUSIC

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SACRAMENTAL COORDINATOR

Sonia Samartin

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sacraments@pittwaterparish.org



CCD CATECHIST COORDINATORS

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534



SACRED HEART CHURCH

1 Keenan Street, Mona Vale



MARIA REGINA CHURCH

7 Central Road, Avalon



SCHOOLS

SACRED HEART SCHOOL, Mona Vale

Tel 8197 6900

Principal: Ms Louise O'Brien

MARIA REGINA SCHOOL, Avalon

Tel 7256 2138

Principal: Ms Kirsty Thorpe

MATER MARIA CATHOLIC COLLEGE, Warriewood
Tel 7256 2100
Principal: Mr Anthony Mahoney



COMBATING HOMELESSNESS TOGETHER

SATURDAY 8 & SUNDAY 9 AUGUST 2026

Please donate to CatholicCare's homelessness services across the Diocese

There is no place like home - but for many having a home is not reality. The causes may be diverse but the impact is the same - a loss of dignity and a sense of hopelessness.

Few people choose to be homeless and the longer a person remain homeless, the more difficult it is to return to mainstream society. We provide a women's refuge, transitional accommodation options, young parent's homelessness services and street sleeping outreach supports. We also operate Dom's Place in Hornsby and Mary Mack's Place in Woy Woy where we provide meals, a place to shower and wash clothes and somewhere for people who are homeless or transient to come and to connect with supports and community.

Your donations provide a lifeline - they keep our doors open, our showers running and hot meals on the table for people who need them most.

Thank You



A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN ARE WELCOME



WE MEET

First & Third Tuesday of every Month at 7 pm



SACRED HEART PARISH CENTRE



JOIN US -

MEN'S FAITH GATHERING

We warmly invite all men of our parish & community to come together at 7:00 pm for an informal & faith-filled evening of conversation, reflection & brotherhood.



These gatherings offer a welcoming & supportive space to share openly, grow spiritually & encourage one another in our journey of faith.



Together, we seek to renew our hearts in Christ, strengthen our commitment to God & be a vital & active force of renewal within our Church.



Come & be part of a community where faith is nurtured, friendships are formed & the Holy Spirit at work.



All are welcome.

We look forward to seeing you there.



For any questions, contact

Joe Cilia - 0418 863 814



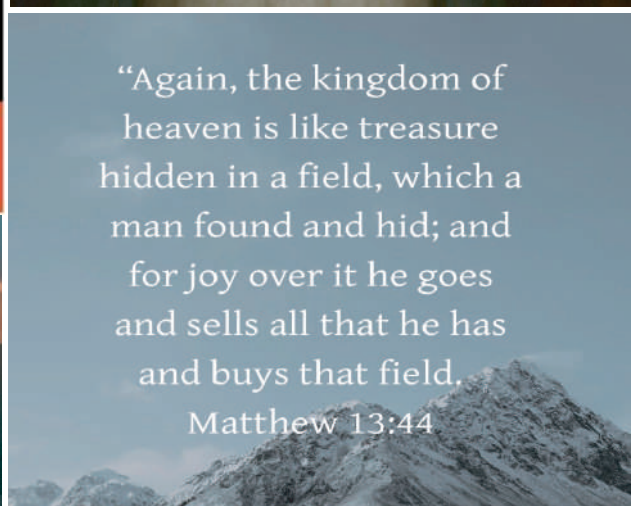
**Feast Day of
STS JOACHIM AND ANNE
Parents of the Blessed Virgin Mary
26TH JULY**

May their example of unwavering faith and love guide our families as we celebrate World Day for Grandparents and the Elderly.



Lord, give me joy
and faith even in trials.

1 PETER 1:8-9



“Again, the kingdom of heaven is like treasure hidden in a field, which a man found and hid; and for joy over it he goes and sells all that he has and buys that field.

Matthew 13:44

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or would you like to be one?



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who are exploring the Catholic faith
or who wish to become Catholic.

*Come, ask, explore and grow in faith
in a supportive community.*



DISCOVER
Ask questions
and share



GROW
Deepen your
faith



BELONG
Be part of our
Catholic family



**WEDNESDAY,
16TH SEPTEMBER
AT 7 PM**



SACRED HEART CHURCH PARISH CENTRE



Everyone is welcome

♥ COME AS YOU ARE. YOU ARE NOT ALONE ON THIS JOURNEY.

THANKYOU!



We have received a thank you letter from the principal Shirley MacLeod of the Three Springs Primary School in WA. This is the school Breakfast Program that Pittwater Parish has been supporting with the kind donations from parishioners. These volunteer donations are collected at the Coffee Mornings every third Sunday of the month at Sacred Heart Mona Vale. Here is what Shirley had to say. Every school day, we have the MEEDAC (Midwest Aboriginal Employment and Economic Development) bus doing two runs around Three Springs picking up children for school. When they arrive at school, we have a Breakfast Program offering toast, spaghetti, milo or orange juice. Sometimes porridge. Three mornings a week it is run by a local volunteer Gladys Sutton. Gladys doesn't even have children at our school. Two days a week the police come and cook and talk to our students. It is a very special arrangement. With your financial support we will purchase Milo, toothpaste and margarine. And if we run short of bread, it will be used for that as well. We get the spaghetti, milk and orange juice from Food Bank in Geraldton. We look forward to many more Coffee Mornings.

THE LORD WILL STAND WITH YOU
AND GIVE YOU STRENGTH.

2 Timothy 4:17



Could **PASTORAL CARE**
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Bring *comfort, care* and *Christ's love* to those
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5 MONDAYS
31 AUG -
28 SEPT



**9:00AM -
3:00PM**



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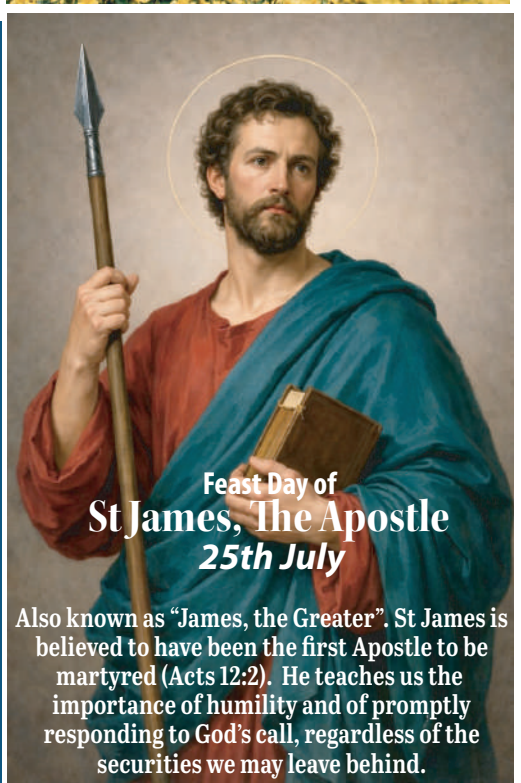
**PICK UP
FLYER**
with more
information

BACK OF THE CHURCH!



INTERESTED? Speak to your Parish Priest
or contact Peter Brown on **0418 616 602**

Make a difference. ♥ Share Christ's love. ♥ Be a sign of hope.



Feast Day of
St James, The Apostle
25th July

Also known as "James, the Greater". St James is believed to have been the first Apostle to be martyred (Acts 12:2). He teaches us the importance of humility and of promptly responding to God's call, regardless of the securities we may leave behind.

The *Living* Word

Entrance Antiphon Psalm 67:6-7,36
God is in his holy place, God who unites those who dwell in his house; he himself gives might and strength to his people.

First Reading 1 Kings 3:5,7-12
A reading from the first book of the Kings
You have asked for wisdom.

The Lord appeared to Solomon in a dream and said, 'Ask what you would like me to give you.' Solomon replied, 'Lord, my God, you have made your servant king in succession to David my father. But I am a very young man, unskilled in leadership. Your servant finds himself in the midst of this people of yours that you have chosen, a people so many its numbers cannot be counted or reckoned. Give your servant a heart to understand how to discern between good and evil, for who could govern this people of yours that is so great?' It pleased the Lord that Solomon should have asked for this. 'Since you have asked for this' the Lord said 'and not asked for long life for yourself or riches or the lives of your enemies, but have asked for a discerning judgement for yourself, here and now I do what you ask. I give you a heart wise and shrewd as none before you has had and none will have after you.'

The word of the Lord

Responsorial Psalm
Ps 85:5-6, 9-10, 15-16, R. v.5
(R.) Lord, I love your commands.

My part, I have resolved, O Lord, is to obey your word. The law from your mouth means more to me than silver and gold. **(R.)**

Let your love be ready to console me by your promise to your servant. Let your love come to me and I shall live for your law is my delight. **(R.)**

That is why I love your commands more than finest gold. That is why I rule my life by your precepts: I hate false ways. **(R.)**

Your will is wonderful indeed; therefore I obey it. The unfolding of your word gives light and teaches the simple. **(R.)**

Second Reading Romans 8:28-30
A reading from the letter of St Paul to the Romans
He predestined us to become true images of his Son.

We know that by turning everything to their good God co-operates with all those who love him, with all those that he has called according to his purpose. They are the ones he chose specially long ago and intended to become true images of his Son, so that his Son might be the eldest of many brothers. He called those he intended for this; those he called he justified, and with those he justified he shared his glory.

The word of the Lord.

Gospel Acclamation Matthew 11:25

Alleluia, alleluia!
Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom.
Alleluia!

Gospel Matthew 13:44-52
A reading from the holy Gospel according to Matthew
He sells everything he owns and buys the field.

Jesus said to the crowds, 'The kingdom of heaven is like treasure hidden in a field which someone has found; he hides it again, goes off happy, sells everything he owns and buys the field.

'Again, the kingdom of heaven is like a merchant looking for fine pearls; when he finds one of great value he goes and sells everything he owns and buys it. 'Again, the kingdom of heaven is like a dragnet cast into the sea that brings in a haul of all kinds. When it is full, the fishermen haul it ashore; then, sitting down, they collect the good ones in a basket and throw away those that are no use. This is how it will be at the end of time: the angels will appear and separate the wicked from the just to throw them into the blazing furnace where there will be weeping and grinding of teeth. 'Have you understood all this?' They said, 'Yes.' And he said to them, 'Well, then, every scribe who becomes a disciple of the kingdom of heaven is like a householder who brings out from his storeroom things both new and old.'

The Gospel of the Lord.

Communion Antiphon Psalm 102:2
Bless the Lord, O my soul,
and never forget all his benefits.

REFLECTION
by Dianne Bergant

Two themes seem to weave through the readings for this Sunday: treasure and delight. The treasure is the extraordinary gift that comes from God; the delight is the joy that we experience when we realise that the treasure is ours. A third theme, which is found in the first reading, picks up a theme that we have considered several times during this period of Ordinary Time, namely, service of others.

The treasure is the kingdom of heaven. It is the prize that gives meaning to the present, and its fullest delight draws us into the future. The reign of God is the fulfilment of our deepest desires and our fondest hopes. Nothing in the world can compare with it, and that is why we are willing to sacrifice everything to attain it. The treasure that we find is really a gift that is given. We need not work to

attain the kingdom, nor can we earn it in any way. It is given to us by God. All we have to do is accept it.

Solomon chose to be of service to others. In this he is a model for disciples to follow. We have discovered the treasure in the field; we have found the pearl of great price. What we have been given, we must now give to others. In giving we will lose nothing. In fact, we gain an abundance of blessings. All things work for good, and God is glorified in all. Such is the character of the kingdom of God.

© Dianne Bergant CSA



BLESSED FRANCIS JORDAN PRAYER GROUP



Come and spend time in prayer, reflection and devotion to our Blessed Mother and Blessed Francis Mary of the Cross Jordan as we gather together to deepen our faith and seek their loving intercession.

We warmly invite everyone to join us weekly.

**AFTER THE 9:30 AM MASS,
ON WEDNESDAYS**



My sincere thanks and blessings to you all for your prayers. They have truly helped me make an exceptional recovery.

I might even be back on the dance floor again!!

Sending my love to everyone.

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MONDAYS

9:30 - 11:30

(SCHOOL TERM)

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